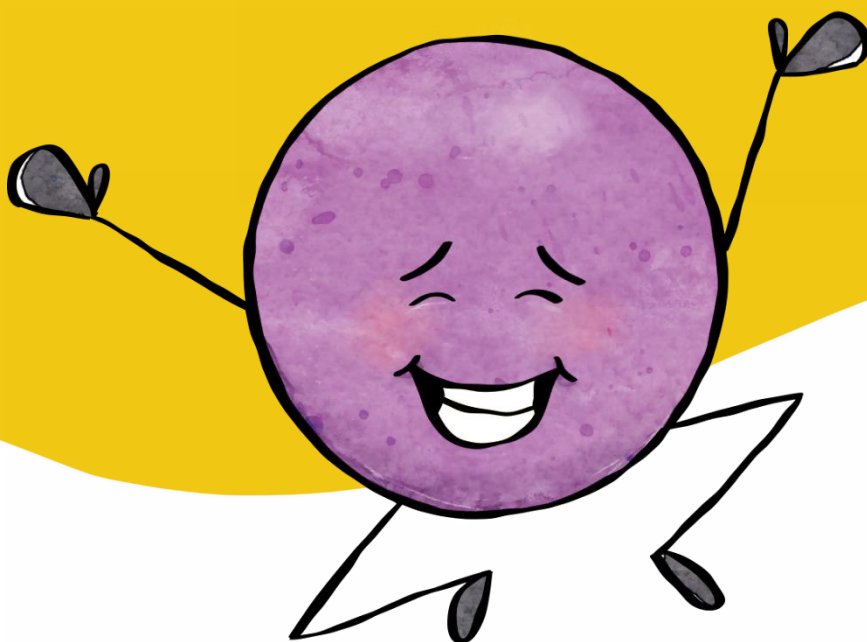


An Optimistic  
Growth  
Mindset is  
Key!

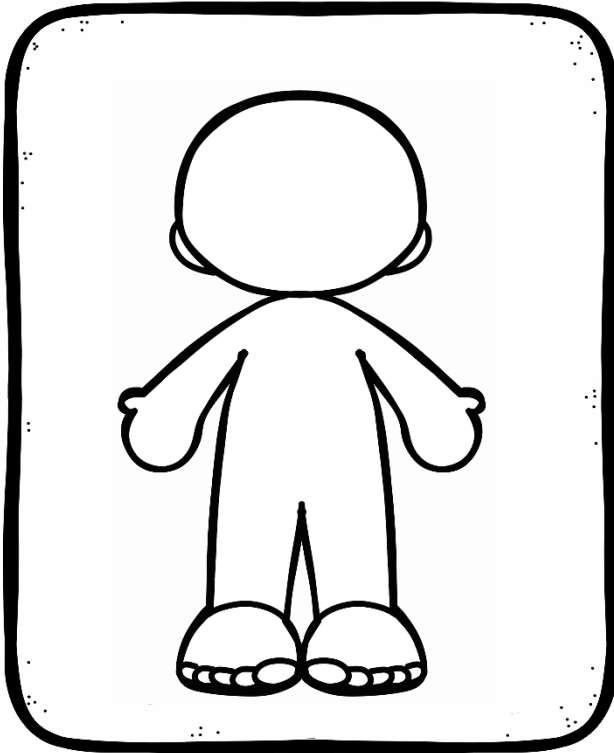


Lesson Plan on  
Optimistic  
Growth  
Mindset for  
Grades K-I

# Here's what OPTIMISM looks like!

Draw an OPTIMIST  
and a PESSIMIST.  
What do they say?

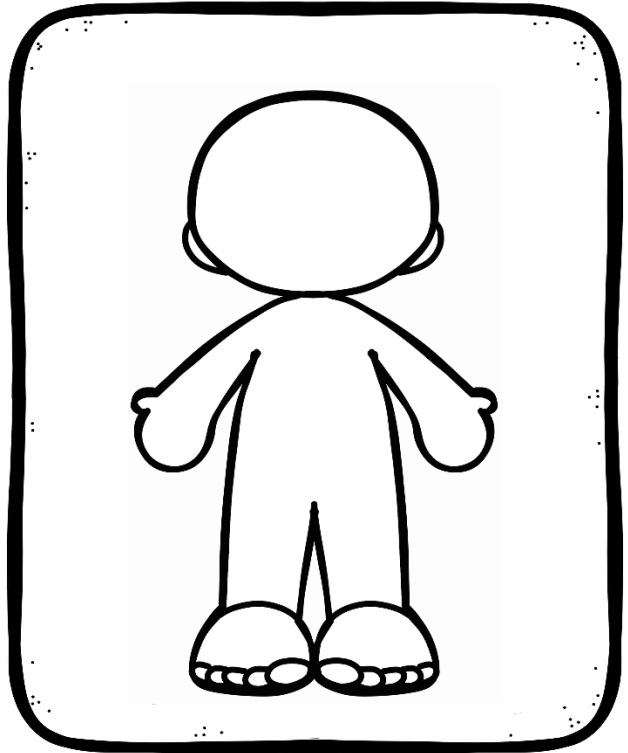
This is an OPTIMIST



This is what an  
OPTIMIST says:

A speech bubble containing four horizontal lines for writing: a solid top line, a dashed middle line, a solid bottom line, and a solid bottom line.

This is a PESSIMIST



This is what a  
PESSIMIST says:

A speech bubble containing four horizontal lines for writing: a solid top line, a dashed middle line, a solid bottom line, and a solid bottom line.

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